



WELCOME TO THE PHILIPS HIGH SCHOOL REVISION EVENING



WHY DO YOU NEED SUPPORT?

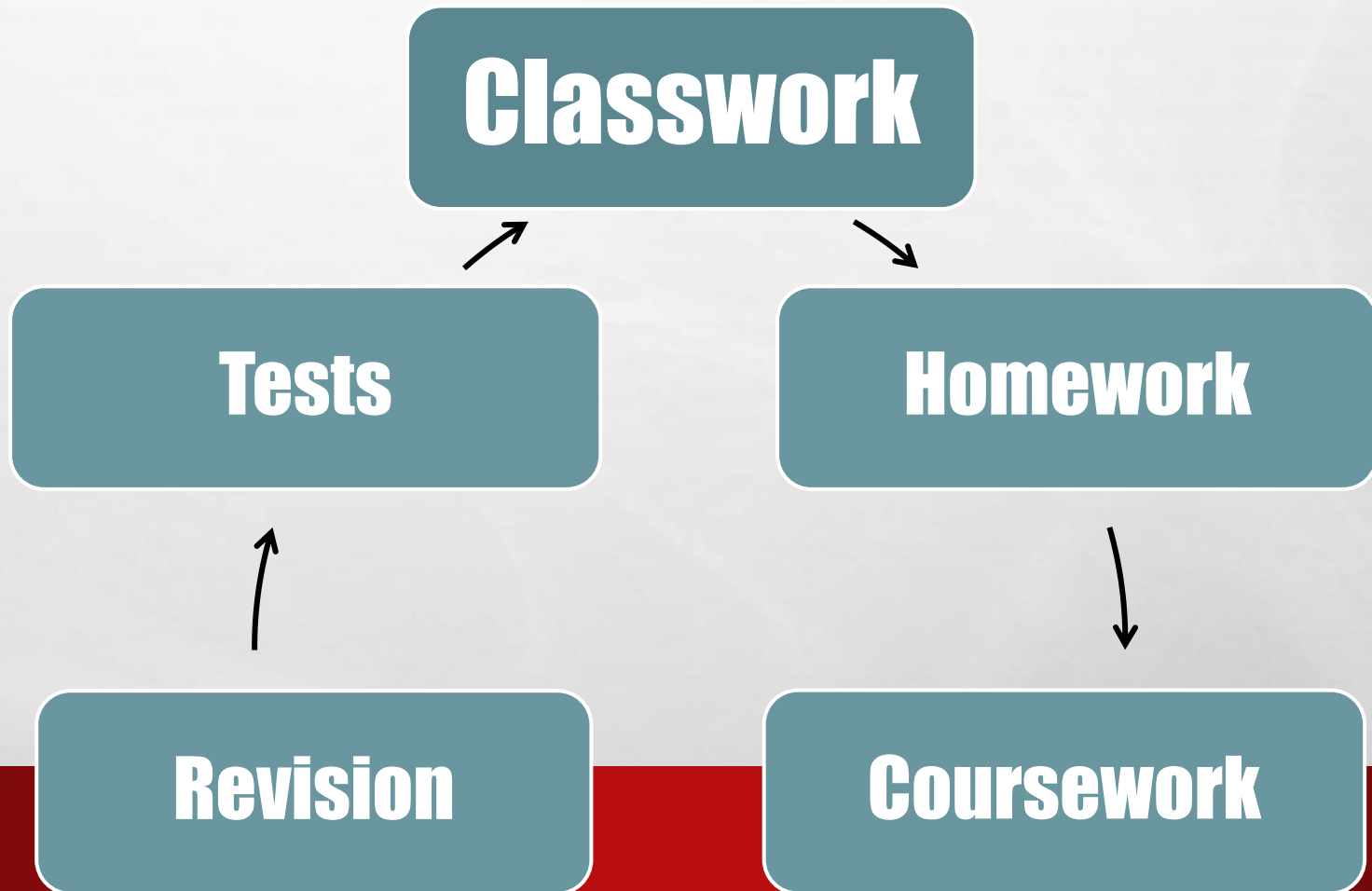
Positive
attitude to
Exams

How to
approach
your
exams

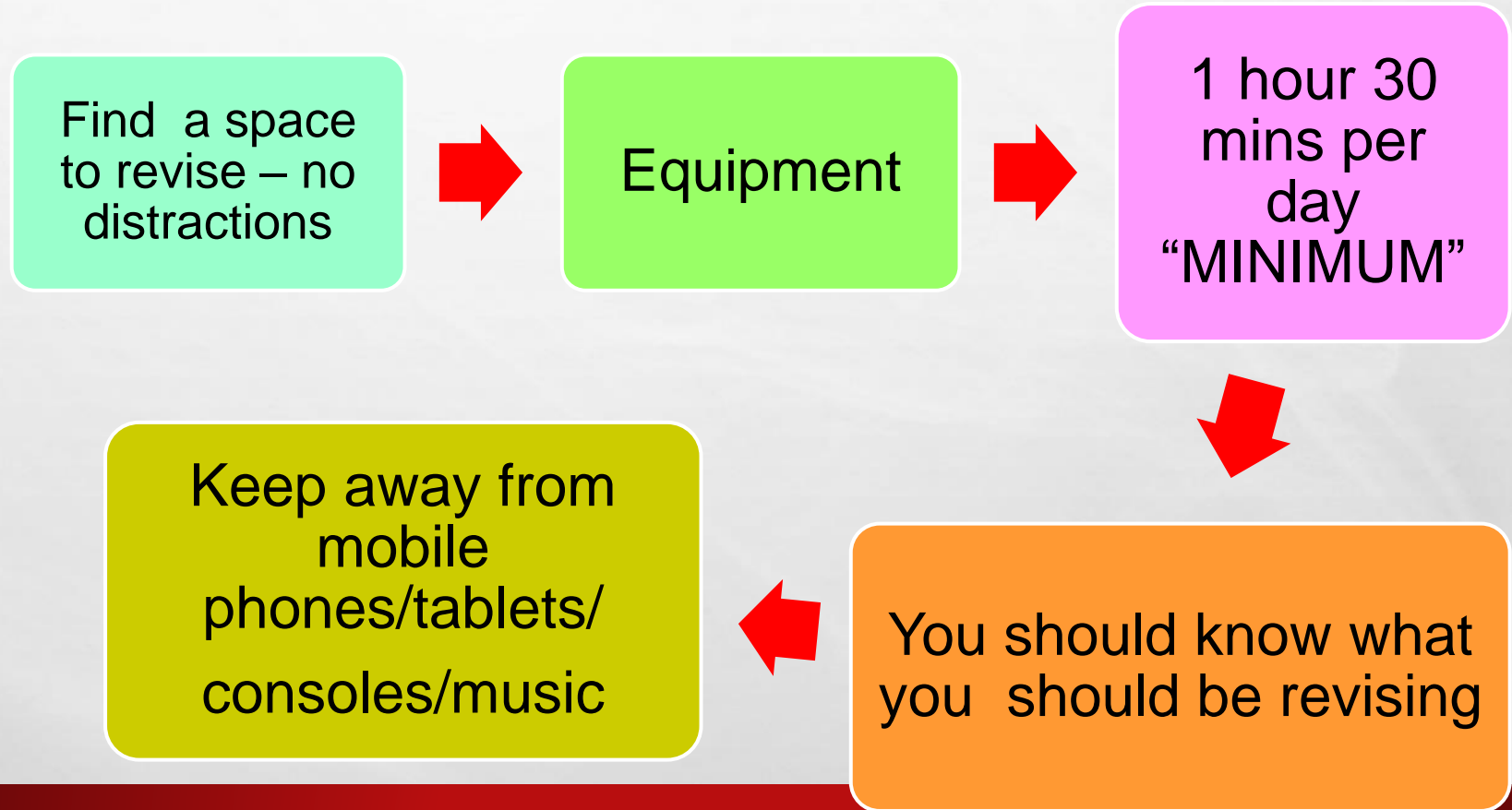
Manage
Time

Feelings of
Anxiety
- HoY/ FT/Mentors

KNOW YOUR TARGET AND STAY ON TARGET...



GET ORGANISED...



USE YOUR TIME SENSIBLY

**Time
available**

Plan 1 week

**Divide
subjects**

**Unavoidable
commitments**

Free time

WHAT DO YOU DO?

Read

No

NOTES

YES

**Brief / key
points**

**EXAM
QUESTIONS**

YES

**Ask for
feedback**

Ineffective Revision Strategies



The science of learning has also told us there are several ineffective revision strategies which remain popular. Students often feel as they have been 'busy' doing these, thinking that they are revising hard. However, they have little impact.



Re-Reading

This gives a false sense that you 'know it'. However, but your brain isn't doing any hard work or learning.



Highlighting

It wastes time & leaves you focusing on a narrow area, often missing the big picture of the notes.



Cramming

This essentially overloads your working memory, you can't learn it all. It causes stress/anxiety before exams



Re-Writing

Writing out your notes again isn't making your brain do any hard work, it simply wastes time.

HOW TO REVISE



What is a **revision session** ?

Think of a session as a **third** of a day - it could be **1** to **3** hours long

Many people find it helpful to revise for **2** out of the **3** sessions per day.

Here is a possible pattern:

MORNING	Revise	Revise	Free
AFTERNOON	Revise	Free	Revise
EVENING	Free	Revise	Revise

HOW MARKS ARE LOST

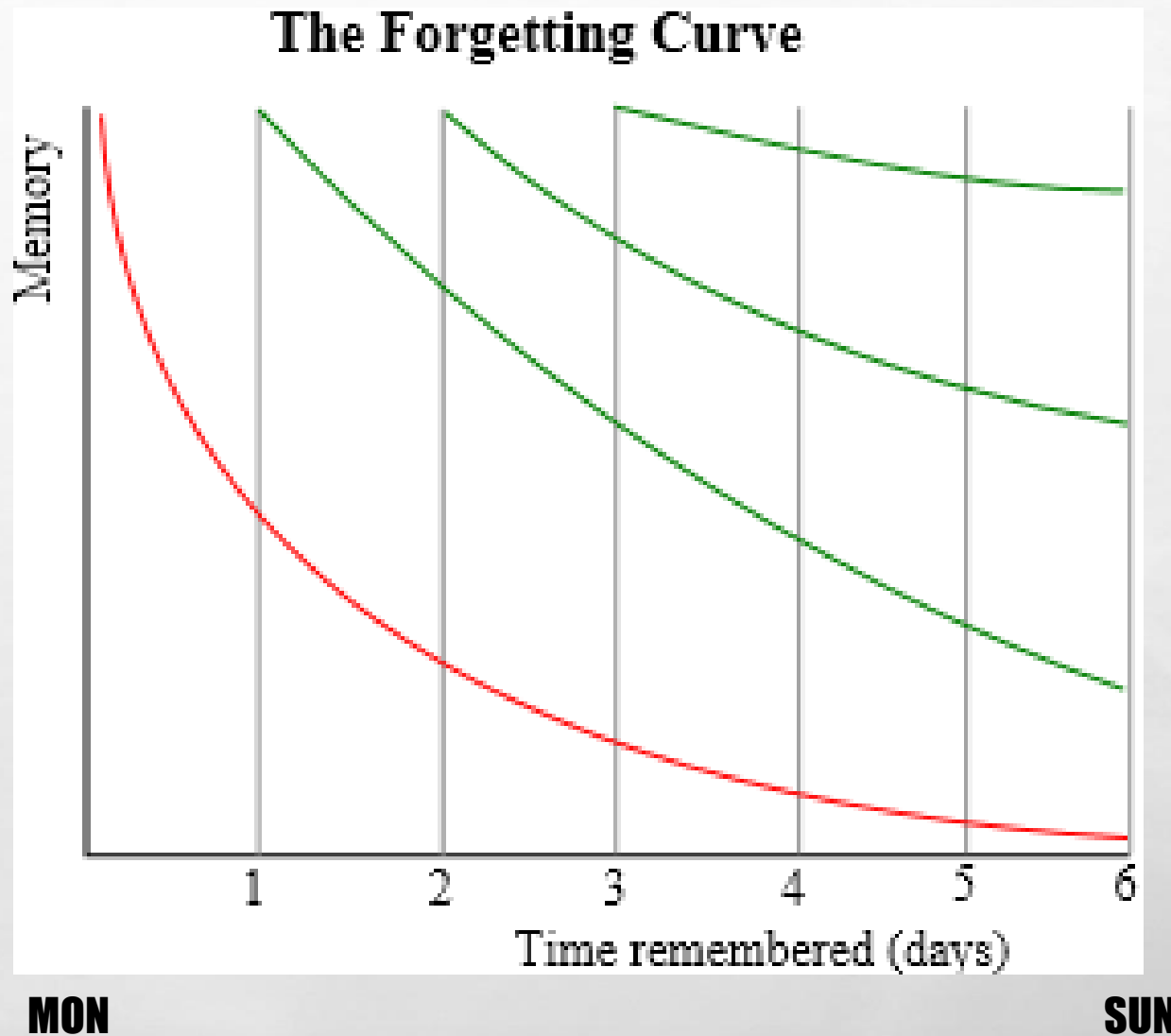


Next steps...



- **Plan your revision timetable**
- **Choose 3 revision techniques you find most useful**
- **Choose a subject and a topic**
- **Get your equipment ready – pens, highlighters, paper, revision notes**
- **...And revise!**





MON

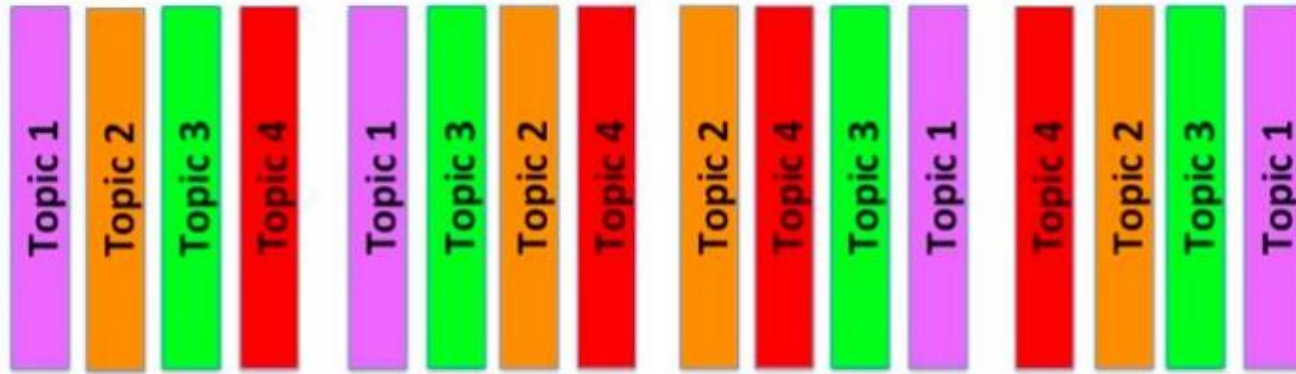
SUN

We are less likely to forget the information if you repeat the learning over time. Don't cram. Learn & repeat!

Interleaving and Spacing



Defeating the 'Forgetting Curve'



- **Space out & repeat** revision of each topic
- **Repeatedly test** yourself
- **Evaluate your mistakes** each time
- **Vary revision techniques:** writing, speaking, listening
- **Plan rewards into your revision:** breaks, fun, food

Writing something out is the memory equivalent of reading it seven times. A good tip to know when studying.

STRATEGIES

Once you've analysed the question, put your answer together by using

DUMP



ORGANISE



MAP



Breaking Down Text

Sexual reproduction involves joining together of male and female gametes. Gametes contain chromosomes on which are found genes. Genes are the instructions that make an organism. Parents have 46 chromosomes in most of the cells of their bodies. This is called the diploid number. Males produce sperm that contain 23 chromosomes. One from each pair. Females produce ova that contain 23 chromosomes. One from each pair. This is called the haploid number.



Parents Bodies = 46 Chromosomes in cells = Diploid No. Males and Females have 23 Chromosomes from each pair = Haploid No.

Just a Minute



6. **'Just a minute'**. A long time favourite strategy of mine, 'Just a Minute' takes the classic radio game and adapts it to almost any topic, text, or examination revision term. Put simply, students have to talk for a minute on the given term/topic – no pauses, no hesitations. Slips or repetitions or micro pauses lose a 'life' – three strikes and you're out. This strategy harnesses the 'self explanation effect'. In short, if you can elaborate on a topic and explain it well, you have retrieved it from memory – a good revision act – as well as likely consolidating it too.





How do we revise with our Knowledge Organisers?

Record It

Record yourself on your phone or tablet reading out the information. These can be listened to as many times as you want!



Teach it!

Teach someone your key facts and then get them to test you, or even test them!



Flash Cards

Write the key word or date on one side and the explanation on the other. Test your memory by asking someone to quiz you on either side.



Back to front

Write down the answers and then write out what the questions the teacher may ask to get those answers.



Hide and Seek

Read through your knowledge organiser, put it down and try and write out as much as you can remember. Then keep adding to it until it's full!



Sketch it

Draw pictures to represent each of the facts or dates. It could be a simple drawing or something that reminds you of the answer.

Post its

Using a pack of post-it notes, write out as many of the keywords or dates as you can remember in only 1 minute!



Practice!

Some find they remember by simply writing the facts over and over again.

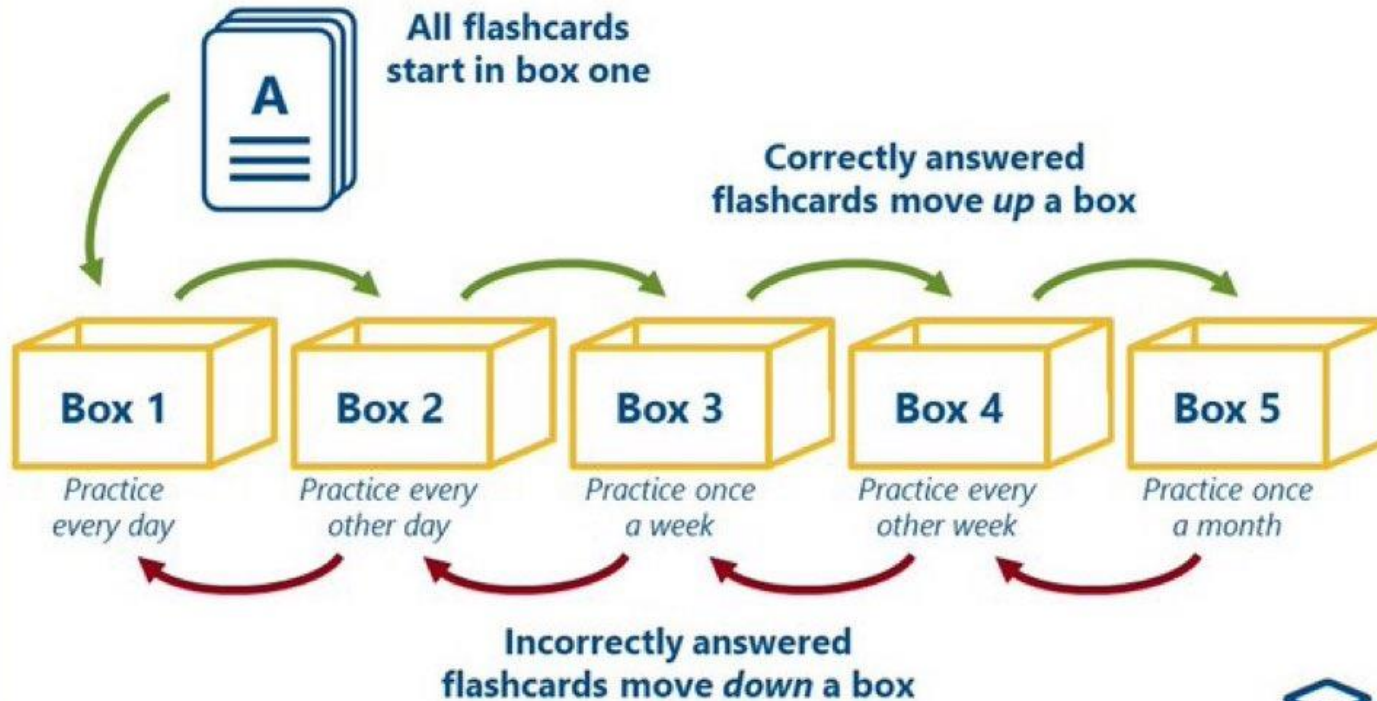
Read Aloud

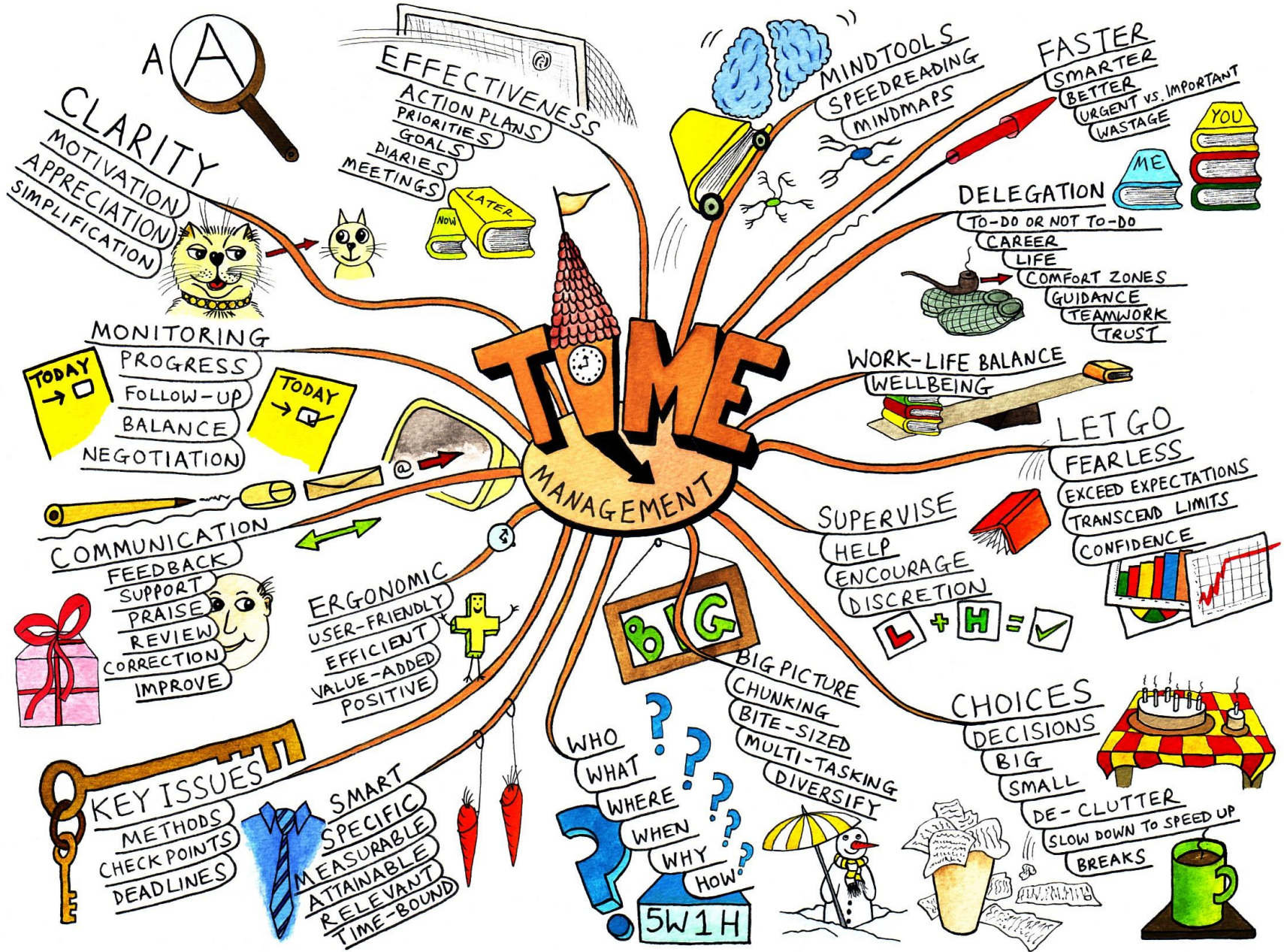
Simply speak the facts and dates out loud as you're reading the Knowledge Organiser. Even try to act out some of the facts – it really helps you remember!



How to use the Leitner system for flashcards

Increase your memory with spaced repetition and active recall





Retrieval Practice

Testing what you know is a powerful tool in revision, the effort to remember something really strengthens your memory

Apps such as Memrise and Quizlet allow you to use or create your own quizzes based on topics.

Create them, test yourself or get someone to test you, it's works!



There are a number of types you can create:

- **Multiple Choice Questions**
- **True or False**
- **Short Explanation Questions**
- **Odd One Out**
- **If this is the answer then what is the question**



POSITIVE THINKING – I CAN DO THIS!



Positive
Thinking



This is a chance to show everything I have learned

This is my chance to achieve

I am capable of doing very well in this exam

I deserve to do well, because I have worked hard

I know what is expected of me in this exam - Everyone expects me to do my best!

I will be successful!

Top 10 Revision Apps For Students

1. Keep



2. Quizlet



3. Padlet



4. Popplet Lite



5. Spark Post



6. Clips



7. Classic



8. Texting Story



9. Gojimo



10. Paper



TOP TIPS

**Revision
Guides**

**10/20 Minute
break – back
to revision**

**Avoid
caffeine**

**Plan
timetable**

**Eat
regularly**

**Early
nights**

**Revise
30/50
minutes**

**Drink
water**

**Monitor
computer and
game stations**